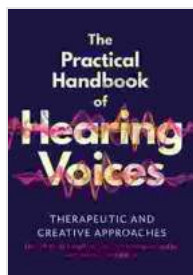


The Practical Handbook of Hearing Voices

A Guide for Those Who Hear Voices and Their Loved Ones

Hearing voices is a common experience that affects millions of people worldwide. It can be a distressing and isolating condition, but there is hope. The Practical Handbook of Hearing Voices is a comprehensive guide for individuals who hear voices and their loved ones, providing practical strategies and support.

This book is written by Dr. Marius Romme, a leading expert in the field of voice hearing. Dr. Romme has spent decades working with people who hear voices, and he has developed a unique approach to helping them cope and recover.



The Practical Handbook of Hearing Voices: Therapeutic and creative approaches by Sarah Burns

★★★★★ 5 out of 5

Language : English
File size : 3827 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 755 pages



The Practical Handbook of Hearing Voices is based on the latest scientific research and evidence-based practices. It offers a wealth of practical advice on how to:

- Understand and accept your experiences
- Develop coping mechanisms for dealing with voices
- Build relationships and social support
- Access professional help and treatment
- Recover and live a meaningful life

The Practical Handbook of Hearing Voices is an essential resource for anyone who hears voices or knows someone who does. It provides practical advice, hope, and support.

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Additional Resources

- Hearing Voices Network
- Mind

- National Alliance on Mental Illness

Reviews

"The Practical Handbook of Hearing Voices is an invaluable resource for anyone who hears voices or knows someone who does. Dr. Romme's approach is compassionate and empowering, and his advice is based on the latest scientific research." - Dr. David Cohen, author of *Hearing Voices*

"This book is a lifeline for people who hear voices. It provides practical advice, hope, and support, and it can help people to understand and accept their experiences and to build a meaningful life." - Dr. Eleanor Longden, author of *Mad in the UK*

About the Author

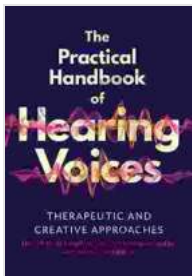
Dr. Marius Romme is a leading expert in the field of voice hearing. He is a professor of psychiatry at the University of Maastricht in the Netherlands, and he is the founder and director of the Hearing Voices Network. Dr. Romme has spent decades working with people who hear voices, and he has developed a unique approach to helping them cope and recover.

Dr. Romme is the author of several books on voice hearing, including *Hearing Voices: A Common Human Experience* and *Recovery from Psychosis: A Guide for Individuals and Their Loved Ones*. He is a sought-after speaker and trainer, and he has presented his work around the world.

The Practical Handbook of Hearing Voices is an essential resource for anyone who hears voices or knows someone who does. It provides practical advice, hope, and support, and it can help people to understand and accept their experiences and to build a meaningful life.

If you are interested in learning more about voice hearing, please visit the following websites:

- Hearing Voices Network
- Mind
- National Alliance on Mental Illness



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