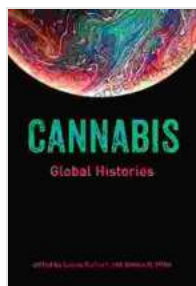


# Cannabis: A Global History | Lucas Richert

Cannabis has been used by humans for thousands of years for medicinal, recreational, and spiritual purposes. The earliest evidence of cannabis use comes from Central Asia, where it was used as a fiber crop and for its medicinal properties. From there, cannabis spread to Africa, Europe, and the Americas, where it was used by a variety of cultures for a variety of purposes.



## Cannabis: Global Histories by Lucas Richert

★★★★★ 5 out of 5

Language : English  
File size : 7489 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 400 pages  
Screen Reader : Supported



## Origins of Cannabis

The earliest evidence of cannabis use comes from Central Asia, where it was used as a fiber crop and for its medicinal properties. The oldest known cannabis seeds were found in a cave in the Pamir Mountains of Tajikistan, and date back to 2500 BC. These seeds were found in association with pottery and other artifacts, suggesting that cannabis was used by the people who lived in this region for a variety of purposes.

Cannabis also appears in the archaeological record from China, where it was used as a fiber crop and for its medicinal properties. The oldest known Chinese text that mentions cannabis is the *Shennong Bencaojing*, a medical text written around 200 BC. This text describes the use of cannabis to treat a variety of ailments, including pain, inflammation, and malaria.

## **Spread of Cannabis**

From Central Asia, cannabis spread to Africa, Europe, and the Americas. The earliest evidence of cannabis use in Africa comes from Egypt, where it was used as a fiber crop and for its medicinal properties. The oldest known Egyptian text that mentions cannabis is the *Ebers Papyrus*, a medical text written around 1500 BC. This text describes the use of cannabis to treat a variety of ailments, including pain, inflammation, and glaucoma.

Cannabis also spread to Europe, where it was used as a fiber crop and for its medicinal properties. The oldest known European text that mentions cannabis is the *Historia Naturalis*, a natural history written by Pliny the Elder around 77 AD. This text describes the use of cannabis to treat a variety of ailments, including pain, inflammation, and epilepsy.

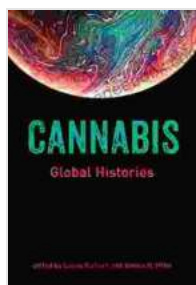
Cannabis also spread to the Americas, where it was used by a variety of cultures for a variety of purposes. The oldest known American text that mentions cannabis is the *Codex Mendoza*, an Aztec codex written around 1540 AD. This text describes the use of cannabis to treat a variety of ailments, including pain, inflammation, and anxiety.

## **Uses of Cannabis**

Cannabis has been used by humans for thousands of years for a variety of purposes. These purposes include:

- **Medicinal:** Cannabis has been used to treat a variety of ailments, including pain, inflammation, nausea, vomiting, and anxiety.
- **Recreational:** Cannabis has been used for recreational purposes for thousands of years. The psychoactive effects of cannabis can produce a feeling of euphoria, relaxation, and sociability.
- **Spiritual:** Cannabis has been used for spiritual purposes by a variety of cultures around the world. The psychoactive effects of cannabis can produce a feeling of transcendence and connection to the divine.
- **Fiber:** Cannabis has been used as a fiber crop for thousands of years. The fibers of the cannabis plant can be used to make a variety of products, including rope, clothing, and paper.

Cannabis has a long and complex history of use by humans. It has been used for medicinal, recreational, spiritual, and fiber purposes by a variety of cultures around the world. Today, cannabis is still used by millions of people around the world for a variety of purposes. As research into the medicinal benefits of cannabis continues, it is likely that cannabis will become even more popular in the years to come.



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